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# Green Dot Gators Toolkit for Faculty

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Dear University of Florida Faculty Member,

Thank you for taking the time to become a Green Dot Gator! This tool kit will provide you with everything you need integrate the green dot into your course curriculum or lesson plans this semester. The tool kit outlines several different ways you can live the green dot in your academic capacity, including discussion topics, syllabus statement, and a host of ways to educate yourself and incorporate the green dot into your classroom and make a difference in the Gator Nation.

We understand your lives are tremendously busy and, for that reason, we wholeheartedly appreciate your willingness to partner with us to help reduce violence, improve safety and thereby, improve the quality of education available to all UF students. In an attempt to minimize the stress that can often be associated with pledging your time and effort to an organization, we have compiled this toolkit in the hopes of offering simple suggestions that you can refer to or implement throughout the semester, allowing you to actively help spread green dots across campus without ever having to leave your classroom or office.

So, what exactly is Green Dot Gators? A green dot represents any moment, big or small, that either directly or indirectly helps reduce the prevalence of violence on campus. While it certainly can, living the green dot doesn't necessarily require steadfast, over-arching commitment or participation in time-consuming activities. You can help live the green dot by creating opportunities for your students to learn about or further explore how power based personal violence affects us all. We sincerely thank you for your time and consideration.

For a Greater Gator Nation,

Green Dot Gators



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## Suggested Discussion Topics

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The following list is by no means exhaustive. You can assign topics from the list or offer it as a brainstorming tool for students:

- The role of the Bystanders in violence prevention.
- The portrayal of violence in the media, specifically partner violence, sexual assault and stalking.
- The cycle of violence associated with partner/interpersonal violence.
- Major social justice or cultural movements and their application to reducing violence today. How does culture change happen?
- Popular rape myths and an analysis of why they are so difficult to dispel.
- The use of peer education in effective violence prevention strategies.

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## Statement for Syllabus

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Your course syllabus is a resource that your students will refer to throughout the semester. A small, simple message added to your syllabus can communicate and assure students that you are in this together. The path to a safer campus requires small acts by all campus community members. Here is an example of a statement of commitment and support:

University of Florida is a Green Dot campus which means that interpersonal violence of any kind is not tolerated. If you experience any form of violence, I am here to support you. Please do not hesitate to reach out to me directly or contact any of the following offices:

### Office of Victim Services

352-392-5648 (Monday - Friday, 8:00 a.m. - 5:00 p.m.)

352-392-1111 (after business hours and on weekends)

### UF Title IX

352-273-1094 | [inform@titleix.ufl.edu](mailto:inform@titleix.ufl.edu)

### U Matter We Care

352-294-CARE (2273) | [umatter@ufl.edu](mailto:umatter@ufl.edu)

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# Proactive Green Dots for Faculty

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## Show your support

- Wear a Green Dot pin or another pin or piece of clothing (could even be a coffee mug that you carry) that has a message of anti-violence. Sometimes just showing your support and commitment can make a big difference.
- Place a green dot or a Green Dot Gators logo on your office door so students know you support prevention and their efforts as bystanders.
- Hang a Green Dot Gators poster in your office or classroom.
- Have brochures from campus resources such as the Counseling and Wellness Center, the Office of Victim Services, or Title IX visibly available in your office and/or classroom.
- Have an endorsement statement of some kind attached to your email signature line, such as “I’m a Green Dot Gator supporter.” or “What’s your green dot?”
- Three times per semester, simply ask your classes “What green dots have you done or seen lately?” Research tells us that this simple task provides significant reinforcement of green dot behaviors.

## Role model

- Role model respectful language, compassion towards survivors, approachability, and looking out for others.

## Build relationships

- Build positive, trusting relationships with students; particularly those who may be experiencing violence or other adversities outside of class.

## Collaborate

- Use your relationships and departmental or campus partnerships to discuss ways in which to support students as bystanders, support survivors, and improve safety for positive outcomes in the classroom.
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# Additional Proactive Green Dots for Faculty

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## Share your own experience

- Create an opportunity to share your own experience as a bystander and how it made you feel, then and now. Or, you may have a situation when you were at risk and someone did or didn't help. You may have been in a situation where you saw something and did or didn't help. Sharing your own experience will help your students process their own and become more active bystanders.

## Talk to your students about being active bystanders.

Talking points for student bystanders:

- The choices you make matter.
- You're not a bad person because you don't always get involved.
- You're not morally defective, because you haven't always acted.
- There are a lot of options. You don't have to do something directly. It's best to pick the option that is best for you, depending on the situation and what's coming up for you.
- What makes it hard for you?
- This is what makes it hard for me...
- What are ways of intervening that feel realistic to you?

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# Reactive Green Dots for Faculty

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## Educate yourself

- Educate yourself about signs of potential partner violence, sexual assault, and stalking and things you can do to help.
  - Remember, you may interact with a student who is exhibiting high-risk behavior or a student who is the target of that behavior. You may interact with both.
  - Contact STRIVE by going to <http://gatorwell.ufsa.ufl.edu/> to schedule a presentation or email Megan Johnson at [mejohanson@ufsa.ufl.edu](mailto:mejohanson@ufsa.ufl.edu).
- Some good places to start (in addition to campus service providers):
  - Alachua County Victim Services: <https://www.alachuacounty.us/depts/css/victimservices/pages/victimservices.aspx> or call 352-264-6760 (24/7 reporting hotline, confidential)
  - Alachua County Crisis Center: <https://www.alachuacounty.us/depts/css/crisiscenter/pages/crisiscenter.aspx> or call 352-264-6789 (24/7 crisis intervention hotline, confidential)
  - National Sexual Violence Resource Center: <http://www.nsvrc.org/>
  - Stalking Resource Center: <http://www.victimsofcrime.org/our-programs/stalking-resource-center>
  - National Center for Victims of Crime: <http://www.victimsofcrime.org/>
  - Office on Violence Against Women: <http://www.justice.gov/ovw>

## Trust your gut

- If your gut is telling you something is not right with a student or a colleague:
  - Take the time to inquire and express your concern.
  - If you are uncomfortable doing so, delegate to a trusted colleague or friend of the student.
  - You could also hand out a campus resource phone number, such as the Counseling and Wellness Center's, to all students, without calling attention to the student you are concerned about.

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# Additional Reactive Green Dots for Faculty

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## Talking points for intervening with a student who is a victim:

- It's not your fault.
- You're not alone.
- Here is someone you can call and talk to (refer student to the Office of Victim Services (352) 392-5648 (Monday - Friday, 8:00 a.m. - 5:00 p.m.) or (352) 392-1111 (after business hours and on weekends).
- Do you feel safe?
- What do you need?

## Talking points for intervening with a student who is showing aggressive or high risk behaviors:

- Aggression and violent behaviors are not okay and will not be tolerated here.
  - Everyone deserves to be treated with respect.
  - I care about what is going on with you and am concerned about your choices.
  - If there is something going on that is bothering you, you can talk to me or a resource on campus.
  - Know the University of Florida's policies regarding violence and follow the Title IX reporting procedures when necessary <https://titleix.ufl.edu/>.
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