

# Cover Sheet: Request 13109

## APK 4XXX Fundamentals of Skeletal Muscle

### Info

Process	Course New Ugrad/Pro
Status	Pending at PV - University Curriculum Committee (UCC)
Submitter	Joslyn Ahlgren jahlgren@ufl.edu
Created	9/27/2018 3:08:43 PM
Updated	10/11/2018 9:28:05 AM
Description of request	We are proposing a new course, Fundamentals of Skeletal Muscle, that would provide advanced coursework focused on the anatomy, physiology, and specific pathologies of skeletal muscle.

### Actions

Step	Status	Group	User	Comment	Updated
Department	Approved	HHP - Applied Physiology and Kinesiology 012603000	Joslyn Ahlgren		9/27/2018
No document changes					
College	Approved	HHP - College of Health and Human Performance	Christopher Janelle		10/11/2018
No document changes					
University Curriculum Committee	Pending	PV - University Curriculum Committee (UCC)			10/11/2018
No document changes					
Statewide Course Numbering System					
No document changes					
Office of the Registrar					
No document changes					
Student Academic Support System					
No document changes					
Catalog					
No document changes					
College Notified					
No document changes					

# Course|New for request 13109

## Info

**Request:** APK 4XXX Fundamentals of Skeletal Muscle

**Description of request:** We are proposing a new course, Fundamentals of Skeletal Muscle, that would provide advanced coursework focused on the anatomy, physiology, and specific pathologies of skeletal muscle.

**Submitter:** Sarah Eberhart seberhart@hhp.ufl.edu

**Created:** 10/10/2018 10:42:41 AM

**Form version:** 3

## Responses

### Recommended Prefix

*Enter the three letter code indicating placement of course within the discipline (e.g., POS, ATR, ENC). Note that for new course proposals, the State Common Numbering System (SCNS) may assign a different prefix.*

Response:

APK

### Course Level

*Select the one digit code preceding the course number that indicates the course level at which the course is taught (e.g., 1=freshman, 2=sophomore, etc.).*

Response:

4

### Number

*Enter the three digit code indicating the specific content of the course based on the SCNS taxonomy and course equivalency profiles. For new course requests, this may be XXX until SCNS assigns an appropriate number.*

Response:

XXX

### Category of Instruction

*Indicate whether the course is introductory, intermediate or advanced. Introductory courses are those that require no prerequisites and are general in nature. Intermediate courses require some prior preparation in a related area. Advanced courses require specific competencies or knowledge relevant to the topic prior to enrollment.*

Response:

Advanced

- 1000 and 2000 level = Introductory undergraduate
- 3000 level = Intermediate undergraduate
- 4000 level = Advanced undergraduate
- 5000 level = Introductory graduate
- 6000 level = Intermediate graduate
- 7000 level = Advanced graduate

*4000/5000 and 4000/6000 levels = Joint undergraduate/graduate (these must be approved by the UCC and the Graduate Council)*

**Lab Code**

Enter the lab code to indicate whether the course is lecture only (None), lab only (L), or a combined lecture and lab (C).

Response:  
None

**Course Title**

Enter the title of the course as it should appear in the Academic Catalog.

Response:  
Fundamentals of Skeletal Muscle

**Transcript Title**

Enter the title that will appear in the transcript and the schedule of courses. Note that this must be limited to 21 characters (including spaces and punctuation).

Response:  
Fund of Skel Muscle

**Degree Type**

Select the type of degree program for which this course is intended.

Response:  
Baccalaureate

**Delivery Method(s)**

Indicate all platforms through which the course is currently planned to be delivered.

Response:  
On-Campus

**Co-Listing**

Will this course be jointly taught to undergraduate, graduate, and/or professional students?

Response:  
No

**Co-Listing Explanation**

Please detail how coursework differs for undergraduate, graduate, and/or professional students. Additionally, please upload a copy of both the undergraduate and graduate syllabus to the request in .pdf format.

Response:  
n/a

**Effective Term**

Select the requested term that the course will first be offered. Selecting "Earliest" will allow the course to be active in the earliest term after SCNS approval. If a specific term and year are selected, this should reflect the department's best projection. Courses cannot be implemented retroactively, and therefore the actual effective term cannot be prior to SCNS approval, which must be obtained prior to the first day of classes for the effective term. SCNS approval typically requires 2 to 6 weeks after approval of the course at UF.

Response:  
Earliest Available

**Effective Year**

Select the requested year that the course will first be offered. See preceding item for further information.

Response:  
Earliest Available

**Rotating Topic?**

Select "Yes" if the course can have rotating (varying) topics. These course titles can vary by topic in the Schedule of Courses.

Response:  
No

**Repeatable Credit?**

Select "Yes" if the course may be repeated for credit. If the course will also have rotating topics, be sure to indicate this in the question above.

Response:  
No

**Amount of Credit**

Select the number of credits awarded to the student upon successful completion, or select "Variable" if the course will be offered with variable credit and then indicate the minimum and maximum credits per section. Note that credit hours are regulated by Rule 6A-10.033, FAC. If you select "Variable" for the amount of credit, additional fields will appear in which to indicate the minimum and maximum number of total credits.

Response:  
3

**If variable, # min**

Response:  
0

**If variable, # max**

Response:  
0

**S/U Only?**

Select "Yes" if all students should be graded as S/U in the course. Note that each course must be entered into the UF curriculum inventory as either letter-graded or S/U. A course may not have both options. However, letter-graded courses allow students to take the course S/U with instructor permission.

Response:  
No

**Contact Type**

Select the best option to describe course contact type. This selection determines whether base hours or headcount hours will be used to determine the total contact hours per credit hour. Note that the headcount hour options are for courses that involve contact between the student and the professor on an individual basis.

Response:  
Regularly Scheduled

- Regularly Scheduled [base hr]
- Thesis/Dissertation Supervision [1.0 headcount hr]
- Directed Individual Studies [0.5 headcount hr]
- Supervision of Student Interns [0.8 headcount hr]
- Supervision of Teaching/Research [0.5 headcount hr]
- Supervision of Cooperative Education [0.8 headcount hr]

Contact the Office of Institutional Planning and Research (352-392-0456) with questions regarding contact type.

**Weekly Contact Hours**

Indicate the number of hours instructors will have contact with students each week on average throughout the duration of the course.

Response:  
3

**Course Description**

Provide a brief narrative description of the course content. This description will be published in the Academic Catalog and is limited to 50 words or fewer. See course description guidelines.

Response:  
The course will provide a comprehensive background of skeletal muscle properties, focusing on key aspects of function at the protein, cellular and whole organ level. Major topics include muscle contraction and force generation, fuel sources and energy utilization, growth and development, and an introduction to pathology.

**Prerequisites**

Indicate all requirements that must be satisfied prior to enrollment in the course. Prerequisites will be automatically checked for each student attempting to register for the course. The prerequisite will be published in the Academic Catalog and must be formulated so that it can be enforced in the registration system. Please note that upper division courses (i.e., intermediate or advanced level of instruction) must have proper prerequisites to target the appropriate audience for the course.

Response:

Junior or senior status & APK2105c(B)

Completing Prerequisites on UCC forms:

- Use "&" and "or" to conjoin multiple requirements; do not use commas, semicolons, etc.
- Use parentheses to specify groupings in multiple requirements.
- Specifying a course prerequisite (without specifying a grade) assumes the required passing grade is D-. In order to specify a different grade, include the grade in parentheses immediately after the course number. For example, "MAC 2311(B)" indicates that students are required to obtain a grade of B in Calculus I. MAC2311 by itself would only require a grade of D-.
- Specify all majors or minors included (if all majors in a college are acceptable the college code is sufficient).
- "Permission of department" is always an option so it should not be included in any prerequisite or co-requisite.

Example: A grade of C in HSC 3502, passing grades in HSC 3057 or HSC 4558, and major/minor in PHHP should be written as follows:

HSC 3502(C) & (HSC 3057 or HSC 4558) & (HP college or (HS or CMS or DSC or HP or RS minor))

### Co-requisites

Indicate all requirements that must be taken concurrently with the course. Co-requisites are not checked by the registration system.

Response:

none

### Rationale and Placement in Curriculum

Explain the rationale for offering the course and its place in the curriculum.

Response:

APK does not currently have an advanced undergraduate course focused on the finer details and pathologies of skeletal muscle. This course would be beneficial for a number of our students, particularly those interested in pursuing graduate school, physiological research, or professional health programs. This course would be an approved elective for all APK students (both Exercise Physiology and Fitness/Wellness specializations).

### Course Objectives

Describe the core knowledge and skills that student should derive from the course. The objectives should be both observable and measurable.

Response:

1. Name and describe structural components of a skeletal muscle, including intra- and extracellular organization.
2. Explain physiological mechanisms of skeletal muscle function, growth, aging, and adaptation.
3. Explain the pathophysiology of specific skeletal muscle disorders.
4. Describe common methods used in skeletal muscle research; and compare and contrast when these methods are best used.
5. Discuss and critically appraise scientific literature related to skeletal muscle.

### Course Textbook(s) and/or Other Assigned Reading

Enter the title, author(s) and publication date of textbooks and/or readings that will be assigned. &nbsp;&nbsp; Please provide specific examples&nbsp;&nbsp; to evaluate the course.

Response:

There is no required text for this course. However, a recommended reference textbook is "Muscle: Fundamental Biology and Mechanisms of Disease" edited by Joseph A. Hill and Eric N. Olson. Academic Press, 2012.

### **Weekly Schedule of Topics**

*Provide a projected weekly schedule of topics. This should have sufficient detail to evaluate how the course would meet current curricular needs and the extent to which it overlaps with existing courses at UF.*

Response:  
See attached syllabus

### **Links and Policies**

*Consult the syllabus policy page for a list of required and recommended links to add to the syllabus. Please list the links and any additional policies that will be added to the course syllabus. Please see: [syllabus.ufl.edu](http://syllabus.ufl.edu) for more information*

Response:  
See attached syllabus

### **Grading Scheme**

*List the types of assessments, assignments and other activities that will be used to determine the course grade, and the percentage contribution from each. This list should have sufficient detail to evaluate the course rigor and grade integrity. Include details about the grading rubric and percentage breakdowns for determining grades.*

Response:  
There will be 4 exams each covering 1 segment of the course, and the exams will not be cumulative. These exams will comprise 80% of the grade. In addition, students will be formed into small groups, and be required to complete a special topic project within 1 segment of the course. These will be presented during class time and help to emphasize concepts. The special project will be worth 20% of the final grade. Grading will be determined by a standard conversion of a percent score to a letter grade using the transformation shown in the syllabus and consistent with the UF grading policy. Grades will be calculated to the nearest 2 decimal places. See syllabus for presentation grading rubric.

### **Instructor(s)**

*Enter the name of the planned instructor or instructors, or "to be determined" if instructors are not yet identified.*

Response:  
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Applied Physiology and Kinesiology  
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