# Cover Sheet: Request 12213

## ATR7309c Evidence Based Therapeutic Intervention

### Info

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<tr>
<td>Submitter</td>
<td>Sarah Eberhart <a href="mailto:seberhart@hhp.ufl.edu">seberhart@hhp.ufl.edu</a></td>
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**Description of request**

Prepares athletic trainers to utilize current evidence when designing and implementing therapeutic intervention programs for optimal patient outcomes. Students will incorporate disablement model framework, disability measures and documentation tools to guide intervention strategies. Discussion will include complimentary or alternative therapies, injury prevention programs and protocol-based vs. criteria-based rehabilitation approaches.

### Actions

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<td>Sarah Eberhart</td>
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No document changes
Course|New for request 12213

Info

Request: ATR7309c Evidence Based Therapeutic Intervention
Description of request: Prepares athletic trainers to utilize current evidence when designing and implementing therapeutic intervention programs for optimal patient outcomes. Students will incorporate disablement model framework, disability measures and documentation tools to guide intervention strategies. Discussion will include complimentary or alternative therapies, injury prevention programs and protocol-based vs. criteria-based rehabilitation approaches.
Submitter: Sarah Eberhart seberhart@hhp.ufl.edu
Created: 1/9/2018 10:25:09 AM
Form version: 1

Responses

Recommended Prefix ATR
Course Level 7
Number 309
Category of Instruction Advanced
Lab Code C
Course Title Evidence Based Therapeutic Intervention
Transcript Title Evid Based Ther Inter
Degree Type Other
If other degree type, specify Doctor of Athletic Training (post-professional)
Delivery Method(s) 4637 On-Campus
Co-Listing No
Co-Listing Explanation n/a
Effective Term Earliest Available
Effective Year Earliest Available
Rotating Topic? No
Repeatable Credit? No

Amount of Credit 3

S/U Only? No
Contact Type Regularly Scheduled
Weekly Contact Hours 3
Course Description Prepares athletic trainers to utilize current evidence when designing and implementing therapeutic intervention programs for optimal patient outcomes. Students will incorporate disablement model framework, disability measures and documentation tools to guide intervention strategies. Discussion will include complimentary or alternative therapies, injury prevention programs and protocol-based vs. criteria-based rehabilitation approaches.
Prerequisites Admission into the Doctorate of Athletic Training program
Co-requisites None
Rationale and Placement in Curriculum Offered during the first year as a foundational content before the functional conditioning course
Course Objectives 1. Identify and implement advanced manual therapy techniques to manage care of a variety of patients/injuries
2. Discuss and appraise alternative and complimentary medical strategies to enhance patient reported outcomes
3. Describe, compare and critique therapeutic modalities and therapeutic rehabilitation research
4. Design joint/injury specific evidence-based therapeutic interventions including progression criteria, therapeutic exercises, modalities and manual therapy within the context of the physiology of tissue healing.
Course Textbook(s) and/or Other Assigned Reading Therapeutic Electrophysical Agents: Evidence Behind Practice
Author: Alain Y Belanger BSc, MSc, PhD, PT
All other reading materials will be available on the class web page (E-Learning) or the instructor will provide soft or hard copies in person. Journal articles will be used frequently. Most articles will be available on-line, but some will need to be retrieved from various libraries on campus.

**Weekly Schedule of Topics**

1. Documentation in Rehabilitation
2. Manual Therapy
3. Manual Therapy
4. Evidence Behind Thermal Modalities
5. Evidence Behind Electric Modalities
6. Non-Traditional Techniques
7. Non-Traditional Techniques
8. Hand and Wrist Injury Rehabilitation
9. Elbow Injury Rehabilitation
10. Shoulder Injury Rehabilitation
11. Shoulder Injury Rehabilitation
12. Foot and Ankle Injury Rehabilitation
13. Knee Injury Rehabilitation
14. Knee Injury Rehabilitation
15. Hip Injury Rehabilitation
16. Spinal Disorder Rehabilitation

**Links and Policies**

Requirements for class attendance and make-up exams, assignments, and other work are consistent with university policies found in the online catalog https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx

Faculty will not tolerate violations of the Honor Code at the University of Florida and will report incidents to the Dean of Students Office for consideration of disciplinary action. The Honor Code (http://www.dso.ufl.edu/sscr/process/student-conduct-honor-code/) specifies a number of behaviors that are in violation of this code and the possible sanctions. If you have questions about what constitutes academic misconduct before handing in an assignment, see your instructor.

Academic Assistance and Student Services: Students who are in need of academic, career, or personal counseling services are encouraged to see the academic assistance website for further information on available services. http://www.ufadvising.ufl.edu/academic_assistance/

ADA Policy: The University of Florida provides accommodations for students with documented disabilities. For more information regarding services and procedures for requesting accommodations visit http://www.dso.ufl.edu/drc/ or call 352.392.8565.

If you or a friend is in distress, please contact umatter@ufl.edu; a nighttime and weekend crisis counselor is available by phone at 352.392.1575. The U Matter, We Care Team can help connect students to the many other helping resources available including, but not limited to, Victim Advocates, Housing staff, and the Counseling and Wellness Center. Please remember that asking for help is a sign of strength. In case of emergency, call 9-1-1.

University Police Department: 392.1111 or 9-1-1 for emergencies http://www.police.ufl.edu/
Counseling and Wellness Center: http://www.counseling.ufl.edu/cwc/Default.aspx, 352.392.1575;
Sexual Assault Recovery Services (SARS) Student Health Care Center, 352.392.1161.
Confidentiality: The University ensures the confidentiality of student educational records in accordance with State University System rules, state statutes and FERPA, the Family Educational Rights and Privacy Act of 1974, as amended, also known as the Buckley Amendment. http://www.registrar.ufl.edu/catalog/policies/regulationconfidentiality.html

Course Grading Policy: Students will earn their course grade based on completion of coursework as outlined in the Grading Criteria listed above. Percentage calculations are rounded up at “.6 or above” and rounded down at “.5 or below”. For more information regarding Grade Point Averages, Grade Values, etc. please visit the University registrar website listed below.

https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx

Course Evaluations: Students should provide feedback on the quality of instruction in this course by completing online evaluations https://evaluations.ufl.edu. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at https://evaluations.ufl.edu/results.

Email and E-Learning Policy: Students are required to check their University of Florida email and
E-Learning Course account daily. Dissemination of reminders and course material may occur via email or through announcements in E-Learning; it is the student’s responsibility to read and respond (if appropriate). E-learning Help Desk: https://lss.at.ufl.edu/help.shtml Technical support: 352.392.4357 (select option 2) or e-mail to Learning-support@ufl.edu

Last Day to Withdraw: In order to withdraw from a course it is not sufficient simply to stop attending class or to inform the instructor of your intention to withdraw. In accordance with college policy, contact your adviser to begin the withdrawal process. To view the last day for withdrawal please visit http://www.registrar.ufl.edu/catalog/adhub.html

Library Resources Support: http://cms.uflib.ufl.edu/ask


Teaching Center: General study skills and tutoring http://teachingcenter.ufl.edu/ Broward Hall, 352.392.2010 or 352.392.6420.

Writing Studio: Formatting and writing papers assistance http://writing.ufl.edu/writing-studio/

**Grading Scheme**

- E-Learning Exams: 55%
- Research Paper Critiques: 10%
- Patient Encounter Journals: 15%
- Evidence Based Treatment Plan: 15%
- Quizzes, Assignments, Participation, Attendance: 5%

**Instructor(s)** Dr. Christopher Brown, LAT, ATC

Clinical Assistant Professor
Clinical Education Coordinator, Doctorate of Athletic Training Program
Office Location: 122FLG
Office Phone: 352-294-1070
Email: cdbrown7@ufl.edu