

# Cover Sheet: Request 12131

## Health Education and Behavior

### Info

Process	Major Curriculum Modify Ugrad/Pro
Status	Pending at PV - University Curriculum Committee (UCC)
Submitter	Sarah Eberhart seberhart@hhp.ufl.edu
Created	11/28/2017 2:52:19 PM
Updated	11/29/2017 9:06:51 PM
Description of request	Requesting a minimum grade of C for completion of each of the six major courses with the major. This would affect the major core in both specializations (community health promotion and health studies).

### Actions

Step	Status	Group	User	Comment	Updated
Department	Approved	HHP - Health Education and Behavior 012605000	Sarah Eberhart		11/28/2017
Proposed HEB catalog 2018-19.docx					11/28/2017
College	Approved	HHP - College of Health and Human Performance	Sarah Eberhart		11/29/2017
No document changes					
University Curriculum Committee	Pending	PV - University Curriculum Committee (UCC)			11/29/2017
No document changes					
Office of the Registrar					
No document changes					
Student Academic Support System					
No document changes					
Catalog					
No document changes					
Academic Assessment Committee Notified					
No document changes					
College Notified					
No document changes					

## Major|Modify\_Curriculum for request 12131

### Info

**Request:** Health Education and Behavior

**Description of request:** Requesting a minimum grade of C for completion of each of the six major courses with the major. This would affect the major core in both specializations (community health promotion and health studies).

**Submitter:** Sarah Eberhart seberhart@hhp.ufl.edu

**Created:** 11/29/2017 11:13:47 AM

**Form version:** 2

### Responses

**Major Name**Health Education

**Major Code**HEB

**Degree Program Name** B.S.

**Effective Term** Earliest Available

**Effective Year** Earliest Available

**Proposed Changes** All HEB majors must complete each of the six major courses within the two specializations with a minimum grade of C.

**Pedagogical Rationale/Justification** The major courses are required for all HEB students, regardless of specialization. The major courses directly relate to the Responsibilities and Competencies for Health Education Specialists (NCHEC, 2015). A minimum grade of C (2.0 GPA score) will signify that students acquired the minimum acceptable level of knowledge related to health education, and also signify their ability to apply knowledge and skills in health education/promotion settings. This grade minimum will also ensure that students are well-prepared for the required, senior internship (in health education/promotion settings). Lastly, the grade is consistent with the requirement for assignments used in the assessment of Student Learning Outcomes (SLOs).

**Impact on Enrollment, Retention, Graduation** We do not expect enrollment in courses or the HEB major to be impacted by this change. Likewise, we do not expect retention or graduation rates to be impacted. Rather, expect our students to strive to achieve the minimum grade of C, and be retained at the same rate or higher as is currently the case in the HEB major.

## Health Education and Behavior

*The Department of Health Education and Behavior, with a foundation in the social and biological sciences, offers coursework focused on health information and theory application. Students learn techniques to promote healthy lifestyle choices in individual and group settings, with special attention given to diversity and culturally appropriate health education methodologies.*

### About this Major

- **College:** [Health and Human Performance](#)
- **Degree:** Bachelor of Science in Health Education
- **Credits for Degree:** 120
- **Specializations:**
  - [Community Health Promotion; Health Studies](#)
- **Academic Learning Compact**
- **Additional Information**
- **Related Health Education and Behavior Programs**

To graduate with this major, students must complete all university, college, and major requirements.

### Overview

The Bachelor of Science in Health Education degree program allows students maximum flexibility to choose department specialization coursework during the junior and senior years that relates to personal interests in the health field. Students can focus their coursework on interest areas in health education and health promotion in community, clinical or worksite settings or in health studies as they prepare for professional health occupations.

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### Community Health Promotion

[Critical TrackingModel Semester Plan](#)

Students with a primary interest in community health education or worksite health promotion should select the Community Health Promotion specialization. Coursework in this specialization is focused on illness and disease prevention among special target groups within a particular community, with the ultimate goal of providing practical health information to diverse population groups through the use of behavioral interventions. Community health promotion specialists generally find employment in local, state or national government health agencies (state or county health departments, CDC, NIH) and in voluntary organizations such as the American Cancer Society, the March of Dimes and American Heart Association. Worksite health promotion specialists find employment opportunities within diverse small and large businesses and organizations.

This specialization is also appropriate for students planning to pursue graduate programs in health education or related fields (community or public health, health administration, health policy and epidemiology and disease preventions).

Students majoring in health education and behavior are also eligible for the Bachelor/Master of Science combined degree program, thus receiving both degrees within approximately five years. Students interested in this program should schedule an appointment with the department academic advisor before the start of their junior year. More information about the health education and behavior [BS/MS program](#).

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## Critical Tracking

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Critical Tracking records each student's progress in courses that are required for entry to each major. Please note the critical-tracking requirements below on a per-semester basis.

Equivalent critical-tracking courses as determined by the State of Florida [Common Course Prerequisites](#) may be used for transfer students.

### Semester 1

- Complete 2 of 6 critical-tracking courses: APK 2100C, APK 2105C, BSC 2005/2005L, MAC 1105 or MAC 1140 or MAC 1147, PSY 1212, STA 2023
- 2.5 GPA required for all critical-tracking courses
- 2.0 UF GPA required

### Semester 2

- Complete 2 additional critical-tracking courses
- 2.5 GPA required for all critical-tracking courses
- 2.0 UF GPA required

### Semester 3

- Complete 1 additional critical-tracking courses
- 2.5 GPA required for all critical-tracking courses
- 2.0 UF GPA required

### Semester 4

- Complete all 6 critical-tracking courses, including labs
- 2.5 GPA required for all critical-tracking courses
- 2.0 UF GPA required (and maintained through semester 8)

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## Model Semester Plan

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To remain on track, students must complete the appropriate critical-tracking courses, which appear in bold. These courses must be completed by the terms as listed above in the Critical Tracking criteria.

*This semester plan represents an example progression through the major. Actual courses and course order may be different depending on the student's academic record and scheduling availability of courses. Prerequisites still apply.*

Semester 1	Credits
IUF 1000 What is the Good Life <i>GE-H</i>	3
<b>MAC 1105 Basic College Algebra</b> <i>Or higher level MAC course; GE-M</i>	3
<b>PSY 2012 General Psychology</b> <i>State Core GE-S</i>	3
Composition <i>State Core GE-C; WR</i>	3
Elective <i>GE-N recommended</i>	3
Total	15
Semester 2	Credits
<b>BSC 2005 Biological Sciences, 3 credits, and</b> <b>BSC 2005L Laboratory in Biological Sciences, 1 credit</b> <i>State Core GE-B</i>	4
<b>STA 2023 Introduction to Statistics 1</b> <i>State Core GE-M</i>	3
SYG 2000 Principles of Sociology <i>or</i> SYG 2010 Social Problems <i>GE-S; complete before the end of Semester 5</i>	3

Composition	3
GE-C; WR	

Humanities	3
State Core GE-H	

Total 16

Semester 3

Credits

AEC 3030C Effective Oral Communication <i>or</i> SPC 2608 Introduction to Public Speaking <i>Complete before the end of Semester 5</i>	3
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APK 2100C Applied Human Anatomy with Laboratory GE-B	4
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Electives WR-6 recommended	8
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Total 15

Semester 4

Credits

APK 2105C Applied Human Physiology with Laboratory GE-B	4
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HUN 2201 Fundamentals of Human Nutrition GE-B; complete before the end of Semester 5	3
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Electives GE-D and WR-6 recommended	7
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Total 14

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Semester 5	Credits
HSC 3032 Foundations of Health Education <del>Minimum grade of C required.</del>	3
HSC 3102 Personal and Family Health GE-S <del>Minimum grade of C required.</del> Minimum grade of C required.	3
HSC specialization courses	6
Elective 3000/4000 level	3
Total	15

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Semester 6	Credits
HSC 3201 Community and Environmental Health <del>Minimum grade of C required.</del>	3
HSC 4713 Planning and Evaluating Health Education Programs <del>Minimum grade of C required.</del>	3
HSC specialization courses	6
Elective 3000/4000 level	3
Total	15

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Semester 7	Credits
HSC 4302 Methods and Materials in Health Education	3

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Minimum grade of C required.

**HSC 4800 Health Education Professional Development**

**3**

Minimum grade of C required.

HSC specialization courses

6

Elective

3

3000/4000 level

Total 15

**Semester 8**

**Credits**

**HSC 4876 Internship in Health Education**

**15**

Total 15

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**HSC Specialization Courses: 18 credits**

**Courses**

**Credits**

HSC 3301 Health Education in Elementary Schools

3

HSC 4133 Human Sexuality Education

3

HSC 4134 Emotional Health and Counseling

3

HSC 4143 Drug Education

3

HSC 4174 Behavioral and Environmental Determinants of Obesity

3

HSC 4232C Exercise Therapy, Adapted Physical Activity and Health

3

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HSC 4233 Patient Health Education	3
HSC 4574 Nutrition Education for Special Populations	3
HSC 4579 Women's Health Issues	3
HSC 4593 HIV/AIDS Education	3
HSC 4623 Minority Health Issues	3
HSC 4624 Trends in International Health	3
HSC 4663 Community Health Methods in Injury Prevention and Control	3
HSC 4664 Health Communication of Consumers	3
HSC 4694 Worksite Health Promotion	3
HSC 4950 Current Topics in Health Education	3

Students must see an advisor before registering for these three courses:

- HSC 4813 Practicum in Health Education (1-3)
- HSC 4905 Individual Study (1-4)
- HSC 5XXX Any non-combined 5000-level course offered within the department

Refer to the course descriptions for specific course prerequisites.

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## Health Studies

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### [Critical Tracking](#)[Model Semester Plan](#)

Students who want in-depth knowledge of diverse health topics, with the intention to complete postbaccalaureate work in a professional health program such as medicine, dentistry, optometry, pharmacy, physician assistant, occupational therapy and physical therapy should select the health studies specialization. This specialization enables students to gain knowledge on a variety of health issues plaguing diverse population groups and to

complete required prerequisite coursework for professional health programs. Students may also pursue graduate programs in health education or related fields (public health, health administration and epidemiology and disease prevention).

Additional science coursework is included within the semester plan to help students meet prerequisites for professional health programs. However, it is imperative that students review the requirements for targeted graduate programs as additional prerequisite coursework outside the curriculum for the major. Students should meet regularly with a pre-health advisor in the Academic Advising Center (100 Farrior Hall) as well as the department academic advisor to ensure adequate preparation for application to professional health programs. Ultimately, students are responsible for ensuring completion of the required prerequisites for their chosen professional health program.

Students majoring in health education and behavior are also eligible for the Bachelor/Master of Science combined degree program, thus receiving both degrees within approximately five years. Students interested in this program should schedule an appointment with the department academic advisor before the start of their junior year. More information about the health education and behavior [BS/MS program](#).

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## Critical Tracking

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Critical Tracking records each student's progress in courses that are required for entry to each major. Please note the critical-tracking requirements below on a per-semester basis.

Equivalent critical-tracking courses as determined by the State of Florida [Common Course Prerequisites](#) may be used for transfer students.

### Semester 1

- Complete 2 of 7 critical-tracking courses: APK 2100C, APK 2105C, BSC 2010/2010L, CHM 2045/2045L, MAC 1140 or higher level course, PSY 2012, STA 2023
- 2.8 GPA required for all critical-tracking courses
- 2.0 UF GPA required

### Semester 2

- Complete 2 additional critical-tracking courses
- 2.8 GPA required for all critical-tracking courses
- 2.0 UF GPA required

### Semester 3

- Complete 2 additional critical-tracking courses
- 2.8 GPA required for all critical-tracking courses
- 2.0 UF GPA required

### Semester 4

- Complete all 7 critical-tracking courses, including labs

- 2.8 GPA required for all critical-tracking courses
- 2.0 UF GPA required (and maintained through semester 8)

*All general education requirements, including international (N) and diversity (D), must be completed prior to the final internship semester.*

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## Model Semester Plan

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To remain on track, students must complete the appropriate critical-tracking courses, which appear in bold. These courses must be completed by the terms as listed above in the Critical Tracking criteria.

*This semester plan represents an example progression through the major. Actual courses and course order may be different depending on the student's academic record and scheduling availability of courses. Prerequisites still apply.*

Semester 1	Credits
<b>CHM 2045 General Chemistry 1</b> , 3 credits, and <b>CHM 2045L General Chemistry 1 Laboratory</b> , 1 credit <i>State Core GE-P</i>	<b>4</b>
HSC 3102 Personal and Family Health <i>GE-S; complete before the end of Semester 5</i>	3
IUF 1000 What is the Good Life <i>GE-H</i>	3
<b>MAC 1140 Precalculus Algebra</b> <i>Or higher level MAC course; State Core GE-M</i>	<b>3</b>
Composition <i>State Core GE-C; WR</i>	3
	Total 16
Semester 2	Credits
<b>PSY 2012 General Psychology</b> <i>State Core GE-S</i>	<b>3</b>

<b>STA 2023 Introduction to Statistics 1</b> <i>GE-M</i>	<b>3</b>
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SYG 2000 Principles of Sociology <i>or</i> SYG 2010 Social Problems <i>GE-S; complete before the end of Semester 5</i>	3
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Composition <i>GE-C; WR-6</i>	3
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Elective <i>CHM 2046 and CHM 2046L recommended</i>	3
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Total 15

<b>Semester 3</b>	<b>Credits</b>
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<b>APK 2100C Applied Human Anatomy with Laboratory</b> <i>GE-B</i>	<b>4</b>
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<b>BSC 2010 Integrated Principles of Biology 1, 3 credits, and</b> <b>BSC 2010L Integrated Principles of Biology Laboratory 1, 1 credit</b> <i>GE-B</i>	<b>4</b>
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Electives <i>WR-6 recommended</i>	3
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Humanities <i>State Core GE-H</i>	3
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Total 14

<b>Semester 4</b>	<b>Credits</b>
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<b>APK 2105C Applied Human Physiology with Laboratory</b> <i>GE-B</i>	<b>4</b>
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HUN 2201 Fundamentals of Human Nutrition	3
<i>GE-B; complete before the end of Semester 5</i>	
Elective	3
<i>WR-6 recommended</i>	
Electives	5
<i>BSC 2011 and/or BSC 2011L and/or CHM 2210 recommended *</i>	
Total	15

Students following a pre-health track may want to begin CHM2210 during the summer term prior to semester 5.

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Semester 5	Credits
AEC 3030C Effective Oral Communication <i>or</i> SPC 2608 Introduction to Public Speaking <i>Complete before the end of Semester 5</i>	3
<b>HSC 3032 Foundations of Health Education</b> <u>Minimum grade of C required.</u>	3
<b>HSC 3537 Health and Medical Terminology</b> <u>Minimum grade of C required.</u>	3
HSC specialization course	3
Electives <i>PHY 2053 and PHY 2053L and/or MCB 3020 and MCB 3020L recommended *</i>	3
Total	15

Semester 6	Credits
<b>HSC 4233 Patient Health Education</b> <u>Minimum grade of C required.</u>	3

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<b>HSC 4713 Planning and Evaluating Health Education Programs</b> <i>Minimum grade of C required.</i>	3
HSC specialization course	3
Electives <i>PHY 2054, PHY 2054L, BCH 4024, DEP 3053 or other advanced psychology recommended *</i>	6
Total	15

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<b>Semester 7</b>	<b>Credits</b>
<b>HSC 4302 Methods and Materials in Health Education</b> <i>Minimum grade of C required.</i>	3
<b>HSC 4800 Health Education Professional Development</b> <i>Minimum grade of C required.</i>	3
HSC specialization courses	6
Elective <i>Genetics and/or science course recommended *</i>	3
Total	15

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<b>Semester 8</b>	<b>Credits</b>
<b>HSC 4876 Internship in Health Education</b> <i>Students must register for fulltime internship (15 credits) or part-time internship (6 credits). If the part-time internship option is selected, the student may concurrently register for up to 9 credits of electives or pre-health requisites.</i>	15
Total	15

\* These science courses may not be required for your career goal.

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**HSC Specialization Courses: 12 credits**

**Courses****Credits**

HSC 3201 Community and Environmental Health

3

HSC 3301 Health Education in Elementary Schools

3

HSC 4133 Human Sexuality Education

3

HSC 4134 Emotional Health and Counseling

3

HSC 4143 Drug Education

3

HSC 4174 Behavioral and Environmental Determinants of Obesity

3

HSC 4232C Exercise Therapy, Adapted Physical Activity and Health

3

HSC 4574 Nutrition Education for Special Populations

3

HSC 4579 Women's Health Issues

3

HSC 4593 HIV/AIDS Education

3

HSC 4623 Minority Health Issues

3

HSC 4624 Trends in International Health

3

HSC 4663 Community Health Methods in Injury Prevention and Control

3

HSC 4664 Health Communication of Consumers

3

HSC 4694 Worksite Health Promotion

3

Students must see an advisor before registering for these three courses:

- HSC 4813 Practicum in Health Education (1-3)
- HSC 4905 Individual Study (1-4)
- HSC 5XXX Any non-combined 5000-level course offered within the department (1-3)

Refer to the course descriptions for specific course prerequisites.

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