

# Cover Sheet: Request 11266

## OTH 5324 - Psychosocial Intervention

### Info

Process	Course Modify Ugrad/Pro
Status	Pending
Submitter	Foss, Joanne J jfoss@phhp.ufl.edu
Created	11/7/2016 5:13:16 PM
Updated	12/7/2016 5:09:36 PM
Description of request	Historical and current models for application of occupational therapy to psychosocial problems.

### Actions

Step	Status	Group	User	Comment	Updated
Department	Approved	PHHP - Occupational Therapy 313303000	Pugh, Emily Strayer		11/15/2016
Deleted OTH 6xxx Psychosocial eval and Intervention.docx					11/7/2016
College	Approved	PHHP - College of Public Health and Health Professions	HANSON, STEPHANIE L.		11/15/2016
No document changes					
University Curriculum Committee	Comment	PV - University Curriculum Committee (UCC)	Case, Brandon	Added to the December agenda.	11/22/2016
No document changes					
University Curriculum Committee	Pending	PV - University Curriculum Committee (UCC)			11/22/2016
No document changes					
Statewide Course Numbering System					
No document changes					
Office of the Registrar					
No document changes					
Student Academic Support System					
No document changes					
Catalog					
No document changes					
College Notified					
No document changes					

# Course|Modify for request 11266

## Info

**Request:** OTH 5324 - Psychosocial Intervention

**Description of request:** Historical and current models for application of occupational therapy to psychosocial problems.

**Submitter:** Foss, Joanne J jfoss@phhp.ufl.edu

**Created:** 11/7/2016 5:13:16 PM

**Form version:** 1

## Responses

**Current Prefix**OTH

**Course Level**5

**Number** 324

**Lab Code** None

**Course Title** Psychosocial Intervention

**Effective Term** Summer

**Effective Year** 2018

**Requested Action** Other (selecting this option opens additional form fields below)

**Change Course Prefix?**No

**Change Course Level?**Yes

**Current Level**5

**Proposed Level**6

**Change Course Number?**No

**Change Lab Code?**No

**Change Course Title?**Yes

**Current Course Title**Pschosocial Intervention

**Proposed Course Title**Psychosocial OT Evaluation and Intervention

**Change Transcript Title?**No

**Change Credit Hours?**Yes

**Current Credit Hours**4

**Proposed Credit Hours**3

**Change Variable Credit?**No

**Change S/U Only?**No

**Change Contact Type?**No

**Change Rotating Topic Designation?**No

**Change Repeatable Credit?**No

**Change Course Description?**No

**Change Prerequisites?**Yes

**Current Prerequisites**None

**Proposed Prerequisites**Abnormal Psychology and OTH 6xxx Foundations in Occupational Therapy (B)

**Change Co-requisites?**No

**Rationale**This class has been changed to fit the proposed OTD curriculum, and to meet a new accreditation standard for a separate Level 1 Fieldwork class in psychosocial practice. The clinical experience has been removed from this class and incorporated into a new course: OTH 6xxx Psychosocial Level 1 Fieldwork.

**University of Florida**  
**College of Public Health & Health Professions Syllabus**  
**OTH 6xxx Theory and Application of Psychosocial Intervention (3 credits)**  
 Summer: 2018  
 Delivery Format: On-Campus  
 Course Website: <http://elearning.ufl.edu>

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**Instructor Name:** Paul Arthur, PhD, OTR/L  
**Room Number:** Room 2170  
**Phone Number:** (352) 273-6043  
**Email Address:** parthur@phhp.ufl.edu  
**Office Hours:** Wed 7:30am-8:30am or by appointment  
**Preferred Course Communications:** e-mail

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**Prerequisites:** Abnormal Psychology and OTH 6xxx Foundations of Occupational Therapy

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## PURPOSE AND OUTCOME

### Course Overview

This course addresses screening, evaluation and intervention for persons with psychological disorders and psychosocial issues manifested in acute episodes, rehabilitation, illness prevention, and health promotion. Beginning with an understanding of the population and the type of impairments seen the course will survey several major theoretical perspectives as they apply to the individual patient, groups of patients, the treatment settings and the community. This class will introduce the student to a variety of assessments used in mental health settings with adults. Through the integrated process of lecture and the student will develop basic skills for assessment, treatment/intervention planning, and therapeutic use of self through individual and group intervention strategies.

### Student Learning Objectives and ACOTE Standards

**ACOTE Standard B.4.0:** The process of screening, evaluation, and referral as related to occupational performance and participation must be culturally relevant and based on theoretical perspectives, models of practice, frames of reference, and available evidence.

**ACOTE Standard B. 5. 0.** The process of formulation and implementation of the therapeutic intervention plan to facilitate occupational performance and participation must be culturally relevant; reflective of current occupational therapy practice; based on available evidence; and based on theoretical perspectives, models of practice, and frames of reference.

1. Understand the mental health service delivery system including hospital and community based services. B6.4

2. Apply the Model of Human Occupation to a person with psychiatric impairments. B3.5

3. Apply the Person Environment Occupational Performance Model to a population and an organization in mental health. B3.5

4. Understand the cognitive dysfunction model of practice described by Allen. B3.1, B3.2, B3.3

5. Apply the principles of and techniques for a cognitive behavioral program. B3.3

6. Understand and apply the concept of clinical reasoning defining the problem through assessment (B4.4) and determining intervention approaches(B5.2).

7. Complete effective documentation using these models. B4.10, B5.18, B5.28

8. Plan a group session or facilitate an ongoing group, including writing a group protocol and soliciting referrals B4.4, B4.8, B5.1, B5.2

## DESCRIPTION OF COURSE CONTENT

### Topical Outline/Course Schedule:

Date	Topic	
<b>Week 1:</b> Tues., 1/3	Course overview Psych Disorders review	
Wed., 1/4	Review Psychological models DSM Axis Review	
<b>Week 2:</b> Mon., 1/9	Psychopharmacology: Guest Lecturer TBA Review Therapeutic use of self	
Wed., 1/10	Substance-Related Disorders	
<b>Week 3:</b> Mon., 1/18	MOHO MOHO Assessments: Interest and Roles checklist Self-application of MOHO Assessment Complete SOAP note and review	
Wed., 1/19	MOHO Part 2	
<b>Week 4:</b> Mon., 1/23	Intro to Site Project Community Mental Health OT in the Community	
Wed., 1/25	Community Mental Health Part 2 NAMI Consumer Movement PEOPM Facility Worksheet	
<b>Week 5:</b> Mon., 1/30	NAMI Consumer Movement PEOPM facility worksheet <b>QUIZ #1</b> <b>SOAP note #1 due</b>	
Wed., 2/1	Guest Speakers from NAMI, GOC and FACT	
<b>Week 6:</b> Mon., 2/6	<b>EXAM 1</b> <b>SOAP note #2 due</b>	
Wed., 2/8	Exam feedback Review: Allen Cognitive Theory Allen Videos	
<b>Week 7:</b> Mon., 2/13	Allen Levels and Assessments (ACLS-5, RTI, ADM, CPT) ACLS-5 Practice	
Wed., 2/15	ACLS-5 administration lab	

<b>Week 8:</b> Mon., 2/20	Allen Treatment Planning ADM placement <b>SOAP note #3 due</b>	
Wed., 2/22	ADM selection Lab	
<b>Week 9:</b> Mon., 2/27	Review: Group Dynamics, Leadership styles <b>SOAP note #4 due</b>	
Wed., 3/1	Developing a group protocol ACL case study due	
<b>Week 10:</b> Mon., 3/20	Review: Groups for high and low functioning clients Select mock group scenario	
Wed., 3/22	Group Experiential (Wear comfortable clothing)	
Thurs., 3/23	VISTA field trip (Wear MOT Apparel)	
<b>Week 11:</b> Mon., 3/27	Mock group planning lab	
Wed., 3/29	Mock Group Presentation	
<b>Week 12:</b>	AOTA Conference	
<b>Week 13:</b> Mon., 4/3	Case Management Life Care Planning	
Wed., 4/5	Vocational Programming, Forensics	
Thurs., 4/6	Community Project at site	
<b>Week 14:</b> Mon., 4/10	Reimbursement OT roles Future Directions <b>QUIZ #2</b>	
Wed., 4/12	Present group projects- capstone week	
<b>Week 15:</b> Mon., 4/19	Final Exam	

### Course Materials and Technology

Required Text:

Brown, e. and Stoffel, V. (2012). Community Occupational Therapy Psychosocial Assessment and Intervention. AOTA Press; Rockville, MD.

For technical support for this class, please contact the UF Help Desk at:

- [Learning-support@ufl.edu](mailto:Learning-support@ufl.edu)
- (352) 392-HELP - select option 2
- <http://elearning.ufl.edu>

### ACADEMIC REQUIREMENTS AND GRADING

**Assignments:** For full assignment description see Course Website. Due dates are available on the course schedule on the last page of this syllabus.

### Grading

Requirement	Points
SOAP notes (4 at 5 points each)	10
Allen Case Study	10
Group Protocol and group activity	10
Quizzes (2 at 5 points each)	5
Community Site Project	15
Midterm Exam	25
Final Exam	25
Total =	100 points

%Points earned	93-100	90-92.99	87-89.99	83-86.99	80-82.99	77-79.99	73-76.99	70-72.99	67-69.99	63-66.99	60-62.99	0-59.99
Letter Grade	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E

Please be aware that a C- is not an acceptable grade for graduate students. In addition, a grade of C counts toward a graduate degree only if an equal number of credits in courses numbered 5000 or higher have been earned with an A.

Letter Grade	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E	WF	I	NG	S-U
Grade Points	4.0	3.67	3.33	3.0	2.67	2.33	2.0	1.67	1.33	1.0	0.67	0.0	0.0	0.0	0.0	0.0

For greater detail on the meaning of letter grades and university policies related to them, see the Registrar's Grade Policy regulations at: <http://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

#### **Policies related to Attendance, make up work and exams:**

Attendance to program and course activities is required. For a review of the OTD Attendance policies and documentation requirements see the *OTD Student Handbook*. Emergency issues will be handled on an individual basis.

All faculty are bound by the UF policy for excused absences. For information regarding the UF Attendance Policy see the Registrar website for additional details:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

## **STUDENT EXPECTATIONS, ROLES, AND OPPORTUNITIES FOR INPUT**

### **Expectations Regarding Course Behavior**

Professional behavior and respect for the instructor, guests and fellow students is expected. This includes civil discourse, a quiet environment for listeners, and absence of disruptive behaviors such as sleeping, reading other materials, or other activities not pertaining to learning in this class. Students who display behaviors that are not respectful or professional will be given a warning followed by penalties of point loss from final grade. The instructor reserves the right to ask disruptive students to leave the classroom.

## Academic Integrity

Students are expected to act in accordance with the University of Florida policy on academic integrity. As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge:

**“We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.”**

You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied:

**“On my honor, I have neither given nor received unauthorized aid in doing this assignment.”**

It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Violations of the Honor Code at the University of Florida will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary action. For additional information regarding Academic Integrity, please see Student Conduct and Honor Code or the Graduate Student Website for additional details: <https://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/http://gradschool.ufl.edu/students/introduction.html>

Please remember cheating, lying, misrepresentation, or plagiarism in any form is unacceptable and inexcusable behavior.

## Online Faculty Course Evaluation Process

Students are expected to provide feedback on the quality of instruction in this course by completing online evaluations at <https://evaluations.ufl.edu>. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open, as well as time to complete while in class. Summary results of these assessments are available to students at <https://evaluations.ufl.edu/results/>.

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## SUPPORT SERVICES

### Accommodations for Students with Disabilities

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, [www.dso.ufl.edu/drc/](http://www.dso.ufl.edu/drc/)) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodations. Students with disabilities should follow this procedure as early as possible in the semester.

### Counseling and Student Health

Students sometimes experience stress from academic expectations and/or personal and interpersonal issues that may interfere with their academic performance. If you find yourself facing issues that have the potential to or are already negatively affecting your coursework, you are encouraged to talk with an instructor and/or seek help through University resources available to you.

- The Counseling and Wellness Center 352-392-1575 offers a variety of support services such as psychological assessment and intervention and assistance for math and test anxiety. Visit their web site for more information: <http://www.counseling.ufl.edu>. On line and in person assistance is available.
- You Matter We Care website: <http://www.umatter.ufl.edu/>. If you are feeling overwhelmed or stressed, you can reach out for help through the You Matter We Care website, which is staffed by Dean of Students and Counseling Center personnel.
- The Student Health Care Center at Shands is a satellite clinic of the main Student Health Care Center located on Fletcher Drive on campus. Student Health at Shands offers a variety of clinical services. The clinic is located on the second floor of the Dental Tower in the Health Science Center. For more information, contact the clinic at 392-0627 or check out the web site at: <https://shcc.ufl.edu/>
- Crisis intervention is always available 24/7 from:  
Alachua County Crisis Center  
(352) 264-6789  
<http://www.alachuacounty.us/DEPTS/CSS/CRISISCENTER/Pages/CrisisCenter.aspx>



Do not wait until you reach a crisis to come in and talk with us. We have helped many students through stressful situations impacting their academic performance. You are not alone so do not be afraid to ask for assistance.

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## Course Schedule

Date	Topic	Required Readings
Tues., 1/3	Course overview Psych Disorders review: Watch MIT Lecture Mood Disorders, Schizophrenia, Anxiety, Substance Abuse, Co morbid Conditions	Brown& Stoffel Chs. 12, 13, 14, 15, 16 <u>Thomas (speaker notes)</u> <u>Normal is a Place I Visit Article</u>
Wed., 1/4	Review Psychological models DSM Axis Review Intro to Lab and assignments Review practicum sites	Brown & Stoffel Chs. 19,22,23
Mon., 1/9	Psychopharmacology: Guest Lecturer TBA Review Therapeutic use of self	Review Brown& Stoffel pgs. 175, 162-163, 187-188, 205-206 Handouts <u>LaGrossa article</u> <u>Gainesville Sun article</u>
Wed., 1/10	Substance-Related Disorders	Sames; Chs. 15 Handouts
Thurs., 1/11	Substance-Related Disorders & Motivational Interviewing	
Wed., 1/18	Review MOHO MOHO Assessments: Interest and Roles checklist Self-application of MOHO Assessment Complete SOAP note and review	Brown & Stoffel pgs. 31, 77, 134, 299, 335-336, 340, 364, 538577, 701 <u>McNulty and Fisher article</u>
Thurs., 1/19	MOHO Part 2	
Mon., 1/23	Intro to Site Project Community Mental Health OT in the Community Wellness/health promotion	<u>Merryman article</u> <u>Gutman article</u> Brown & Stoffel Chs. 28,35,39,46 Handouts
Wed., 1/25	Community Mental Health Part 2 NAMI Consumer Movement PEOPM Facility Worksheet	Brown & Stoffel Ch 3
Thurs., 1/26	Selecting assessments, goals, and activities based upon the SOAP note.	

Mon., 1/30	Review: OT in the Community Wellness/ Health Promotion NAMI Consumer Movement PEOPM facility worksheet <b>QUIZ</b> <b>SOAP note #2 due</b>	<u>Merryman article</u> <u>Gutman article</u> Brown & Stoffel Chs. 28,35,39,46 Handouts
Wed., 2/1	Guest Speakers from NAMI, GOC and FACT	
Thurs., 2/2	FW: Day 1	
Mon., 2/6	<b>EXAM 1</b> <b>SOAP note #1 due</b>	
Wed., 2/8	Exam feedback Review: Allen Cognitive Theory Allen Videos	Brown & Stoffel pgs. 589 <u>Secrest, Wood, &amp; Tapp article</u> <u>Lee et al article</u>
Thurs., 2/9	FW: Day 2	
Mon., 2/13	Review: Allen Levels and Assessments (ACLS-5, RTI, ADM, CPT) Allen Videos cont. Select case study for review ACLS-5 Practice	Brown & Stoffel pgs. 250, 255, 274-275, 426, 482, 551, 618 Handouts
Wed., 2/15	ACLS-5 administration lab	
Thurs., 2/16	FW: Day 3	
Mon., 2/20	Allen Treatment Planning Review Case Studies ADM placement <b>SOAP note #2 due</b>	<u>Helfrich, Chan &amp; Subol article</u> <u>Chwen-Yng article</u>
Wed., 2/22	ADM selection Lab	
Thurs., 2/23	FW: Day 4	
Mon., 2/27	Review: Group Dynamics, Leadership styles <b>SOAP note #3 due</b>	Cole: Chs. 1 & 2, Appendix E Cantana & Stoffel pgs. 301, 136, 554
Wed., 3/1	Review: Developing a group protocol ACL case study due	Cole: Ch. 11, Appendix B, C
Thurs., 3/2	FW: Day 5	
3/6-3/10	No Class: Spring Break	
3/13-3/17	No Class: Pediatrics Practicum	
	Review: Groups for high and low functioning	

Mon., 3/20	clients Select mock group scenario	Cole: Chs. 6,7,8,9,10
Wed., 3/22	Group Experiential (Wear comfortable clothing)	
Thurs., 3/23	VISTA field trip (Wear MOT Apparel)	
Mon., 3/27	Mock group planning lab	
Wed., 3/29	Mock Group Presentation	
Thurs., 3/30	NO Class: AOTA Conference	
Mon., 4/3	Case Management Life Care Planning	Brown & Stoffel Chs. 38, 40
Wed., 4/5	Review: Vocational Programming, Forensics	Brown& Stoffel Chpts 37, 42 <a href="#">Farnworth article</a> <a href="#">Cosden article</a> <a href="#">Liu et al article</a> <a href="#">Eggers et al article</a> <a href="#">Kennedy-Jones et al article</a>
Thurs., 4/6	FW: Day 6 Present Project at site	
Mon., 4/10	Review: Reimbursement OT roles Future Directions <b>QUIZ</b>	Brown& Stoffel Chpt 42, pg 46, 388, 406, 597-598 <a href="#">Norris et al article</a>
Wed., 4/12	Present group projects- capstone week	
Wed., 4/19	Final Exam	